

Conflict coaching workshop 2010



LEADR is pleased to offer the CINERGY® conflict coaching workshop. Conflict coaching brings together coaching and alternative dispute resolution in a powerful process which supports people to reach their goals in the way they manage conflict.

As a LEADR trained CINERGY® conflict coach, you will be able to coach individuals to:

- Understand and reflect on their approach to conflict
- Help shift destructive reactions to more constructive responses
- Communicate effectively in conflict situations
- Develop skills to manage disputes more collaboratively.

Date Monday 23 August to Thursday 26 August 2010 (4 days)

Location Wellington (venue to be advised)

Your facilitator



Lynora Brooke has been using the CINERGY® model of conflict coaching since training with Cinnie Noble, its founder, in early 2005. With clients across a wide variety of organisations and industry sectors, Lynora finds conflict coaching an invaluable tool for managers and staff to assist them with the management of workplace conflict and for dealing with difficult interactions. With over 30 years as a consultant and manager for a broad spectrum of organisations in a number of countries, including cross-cultural environments, Lynora also has experience in executive coaching, mediation of workplace and commercial disputes and pre-mediation coaching. She has facilitated workshops, including leadership development, strategic planning, risk analysis and project reviews.

Fees

Standard fee: \$2475 (including \$275 GST)

Early bird fee: \$2275 (including \$253 GST) (*Early bird must be paid 1 month prior to the workshop)

Train to become a conflict coach



About conflict coaching

Conflict coaching is a process in which a trained coach supports and helps an individual to deal with specific conflict situations and to become competent in managing disputes. Conflict coaching is voluntary and confidential enabling people to gain insight in examining their own contribution to conflict and the choices available to them.

Conflict coaching is particularly useful as an early intervention strategy, in situations where parties may not be ready or able to bring the conflict into the open, or where there are habitual patterns of destructive conflict. Conflict coaching can be used to prepare people to engage more effectively in negotiation, mediation and relational conflict.

About the workshop

This workshop is limited to 12 participants to ensure individual attention and focused learning. Participants will:

- Identify the unique principles and methods of conflict coaching
- Explore the theory that underpins conflict coaching
- Learn the stages in conflict coaching
- Examine their own skills in managing conflict
- Develop skills to be an effective conflict coach
- Identify pertinent assessment tools
- Learn to apply different conflict coaching strategies.

The workshop is highly interactive incorporating self-reflection, skill-building exercises, discussions, simulations, demonstrations and practice sessions.

Workshop hours contribute to Continuing Coaching Education Units approved by the International Coach Federation.

What previous participants found effective

"Fantastic course – no threatening role play approach; wonderful way to learn and gain confidence in the process."

"The course is challenging and exciting. Learnt many new skills."

"Really good balance between introducing material and providing examples to illustrate the point from own and others' real experience. Very good at creating a friendly, positive atmosphere."

Coaching during simulations "was very affirming and focused on future improvements".

"Very sensible and sensitive advice" during the feedback on the simulations.

Registration form for CINERGY® conflict coaching workshop 2010



GST Registration No. 63-674-966
This becomes a tax invoice on payment.

Name:	First	Surname
Occupation :		
Organisation:		
P O Box Nos:		
Street Address:		
	Postcode	
	Telephone	Mobile
		Fax
Email:		
Preferred name on name tag (if different to above)		
Preferred name on certificate (if different		
Special dietary requirements		

Fees include lunch, morning and afternoon tea and workshop materials

Early bird fee*: \$2275 inc \$253 GST *Early bird must be paid 1 month prior to the workshop)
Standard fee: \$2475 inc \$275 GST

I enclose a cheque payable to LEADR NZ for:

Or

Payment has been made by direct credit to LEADR NZ bank account. (Yes/No)

Account Number:

06-0287-0359757-00

Please use your name as a reference.

NB: LEADR is unable to accept credit card payments.

Cancellations: Must be received in writing. Where a cancellation is received at least 21 days prior the workshop a refund (less \$250 + gst administration fee) will be given. No refunds can be given if less than 21 days notice of cancellation is received.

SIGNATURE _____ **DATE** _____

PLEASE COMPLETE AND RETURN WITH PAYMENT DETAILS TO LEADR NZ